

# Think OTC for your Ulcer and Allergy Medications



A smarter way to think. An easier way to save.

Brand name drugs like Nexium®, Prevacid®, Prilosec® and Zyrtec®, Claritin® and Zantac® that used to only be available with a prescription are now available over-the-counter (OTC). If the OTC version is available in the same strength as the prescription drug you're currently taking, then the OTC version could provide additional savings opportunities for for you. As a result, your plan has elected to cover select OTC medications at the applicable deductible — as long as they are prescribed by your physician and processed using your prescription benefit card. Covered medications include non-sedating antihistamines (NSAs) and ulcer/heartburn treatments packaged as name brands, store brands or generics as long as they are prescribed by your physician and processed using your prescription benefit card.

Talk to your physician today to find out if an OTC product is right for you.

## Get Started Today



To take advantage of this \$0 co-pay OTC program, please follow these 3 easy steps once you and your doctor agree that an OTC product is right for you:

1. Ask your physician to write (or telephone in) a prescription for the specific OTC product.
  - Make sure your physician writes "OTC" on the prescription.
2. Take the prescription to your pharmacy and ensure that your pharmacist:
  - Uses your prescription benefit card to fill the OTC prescription.
  - Fills the prescription just like any other prescription medicine, making sure to include your doctor's name and instructions on the label.
  - Charges you the applicable deductible as a result of this program.
3. Make sure to follow your doctor's instructions for use when taking the medication.

It doesn't make any sense to pay more. Talk to your physician to find out if an OTC product is right for you and start saving today!

## Sample List of Covered Over-the-Counter Medications

- ALAVERT
- ALLEGRA
- ALLEGRA-D
- AXID AR
- CETIRIZINE
- CIMETIDINE
- CLARITIN
- CLARITIN-D
- DIMETAPP ND
- FAMOTIDINE
- FEXOFENADINE
- FEXOFENADINE-PSEUDOEPHEDRINE
- LORATADINE
- NEXIUM 24HR OTC
- OMEPRAZOLE
- PEPCID COMPLETE
- PEPCID AC
- PREVACID 24 HR CAP
- PRILOSEC OTC
- RANITIDINE
- TAGAMET HB
- TAVIST ND
- TRIAMINIC TAB
- ZANTAC
- ZEGERID OTC
- ZYRTEC
- ZYRTEC-D